

Knitted Sweaterdress



This sweater dress is knitted from the top down in stockinette stitch with needle size 9. First the front and back sides are knitted with increases and decreases to shape the neckline, armhole, waistline and skirt. Then the front and back are sewn together with a mattress stitch and stitches are picked up around the armhole to knit the sleeves in the round. At the end the neckline is finished with an i-cord edge.

Materials

Size 8 / 60 mm round knitting needles

Size 9 / 80 cm round knitting needles

Size 12 / 60 mm round knitting needles

15 balls of Luna by Borgo di Pazzo for a length of 140cm

Tapestry needle

Techniques

Stockinette stitch: knit across one row, purl across one row, repeat

Stockinette stitch in the round: knit across every row

Raglan increase leaning to the right (MIR): Using the left needle, pick up the loop between two sts from the back, knit 1.

Raglan increase leaning to the left (MIL): Using the left needle, pick up the loop between two sts from the front, knit 1 through the back loop

Ssk (slip, slip, knit): Slip two stitches (as if to knit) one at a time; return these stitches to the left hand needle in their new orientation, then knit them together through the back loops (left-slanting single decrease)

I-cord edge: Cast-on 4 new stitches at the beginning of the row as follows:

Knit the first st on the left needle, now remove the knitted stitch from the right needle, turn the loop and place back on the left needle. Repeat 3 more times (4 new stitches made). Now you continue knitting the entire last row as follows:

Knit 3 stitches, knit the next 2 stitches together through the back loop, place the 4 new stitches back on the left needle. Repeat from * to *until there are 4 stitches left. Cast-off with your preferred method. With the tapestry needle, sew the beginning and the end of the row together.

Abbreviations

K: Knit

P: Purl

St: Stitch

PATTERN

Body front

Cast on 6 stitches on the 9 mm knitting needle with your preferred cast-on method.

Row 1: K across

Row 2: P across

Row 3: K across

Row 4: P across

Row 5: K across

Row 6: P across

Row 7: K across

Row 8: P across

Row 9: K across
Row 10: P across
Row 11: K across
Row 12: P across
Row 13: K across
Row 14: P across
Row 15: K across
Row 16: P across
Row 17: K across
Row 18: P across
Row 19: K across
Row 20: P across
Row 21: K across
Row 22: P across, fasten off

Now repeat row 1-22 one more time to create a second similar piece.

Row 23: K 1, M1L, knit across, cast-on 22 stitches, knit across first piece to the last stitch, M1R, k 1
Row 24: P across
Row 25: k1, M1LL, k across to the last stitch, M1R, k 1
Row 26: P across
Row 27: Repeat row 25
Row 28: P across
Row 29: Repeat row 25
Row 30: P across
Row 31: Repeat row 25, cast-on 3 stitches
Row 32: P across, cast-on 3 stitches
Row 33: K across
Row 34: P across
Row 35: K across
Row 36: P across
Row 37: K across
Row 38: P across
Row 39: K across
Row 40: P across
Row 41: K across
Row 42: P across
Row 43: K across
Row 44: P across
Row 45: K across
Row 46: P across
Row 47: Decrease row = Knit 4, knit 2 stitches together, knit across until the last 6 stitches, ssk (= slip two stitches (as if to knit) one at a time; return these stitches to the left hand needle in their new orientation, then knit them together through the back loops), knit 4
Row 48: P across
Row 49: K across
Row 50: P across
Row 51: Decrease row = Knit 4, knit 2 stitches together, knit across until the last 6 stitches, ssk, knit 4
Row 52: P across

Row 53: K across
Row 54: P across
Row 55: Decrease row = Knit 4, knit 2 stitches together, knit across until the last 6 stitches, ssk, knit 4
Row 56: P across
Row 57: K across
Row 58: P across
Row 59: K across
Row 60: P across
Skirt shaping:
Row 61: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 62: P across
Row 63: K across
Row 64: P across
Row 65: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 66: P across
Row 67: K across
Row 68: P across
Row 69: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 70: P across
Row 71: K across
Row 72: P across
Row 73: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 74: P across
Row 75: K across
Row 76: P across
Row 77: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 78: P across
Row 79: K across
Row 80: P across
Row 81: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 82: P across
Row 83: K across
Row 84: P across
Row 85: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 86: P across
Row 87: K across
Row 88: P across
Row 89: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 90: P across
Row 91: K across
Row 92: P across
Row 93: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 94: P across
Row 95: K across
Row 96: P across
Row 97: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 98: P across
Row 99: K across
Row 100: P across

Row 101: K across
Row 102: P across
Row 103: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 104: P across
Row 105: K across
Row 106: P across
Row 107: K across
Row 108: P across
Row 109: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 110: P across
Row 111: K across
Row 112: P across
Row 113: K across
Row 114: P across
Row 115: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 116: P across
Row 117: K across
Row 118: P across
Row 119: K across
Row 120: P across
Row 121: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 122: P across
Row 123: K across
Row 124: P across
Row 125: K across
Row 126: P across
Row 127: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 128: P across
Row 129: K across
Row 130: P across
Row 131: K across
Row 132: P across
Row 133: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 134: P across
Row 135: K across
Row 136: P across
Row 137: K across
Row 138: P across
Row 139: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 140: P across
Row 141: K across
Row 142: P across
Row 143: K across
Row 144: P across
Row 145: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 146: P across
Row 147: K across
Row 148: P across
Row 149: K across
Row 150: P across

Row 151: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 152: P across
Row 153: K across
Row 154: P across
Row 155: K across
Row 156: P across
Row 157: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 158: P across
Row 159: K across
Row 160: P across
Row 161: K across
Row 162: P across
Row 163: K across
Row 164: P across
Row 165: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4

Repeat the last 8 rows until 2 cm before your desired length. Note: please keep count of your rows to make sure you will get the same length for the back side.

Now change to the 8mm circular needle, knit one row across, now finish with an i-cord edge (see Techniques).

Body back

Cast on 6 stitches on the 9 mm knitting needle with your preferred cast-on method.

Row 1: K across
Row 2: P across
Row 3: K across
Row 4: P across
Row 5: K across
Row 6: P across
Row 7: K across
Row 8: P across
Row 9: K across
Row 10: P across, fasten off

Now repeat row 1-10 one more time to create a second similar piece.

Row 11: K 1, M1L, knit across, cast-on 22 stitches, knit across first piece to the last stitch, M1R, k 1
Row 12: P across
Row 13: K across
Row 14: P across
Row 15: K across
Row 16: P across
Row 17: K across
Row 18: P across
Row 19: K across
Row 20: P across
Row 21: K across
Row 22: P across
Row 23: K across

Row 24: P across
 Row 25: K 1, M1L, k across to the last stitch, M1R, k 1
 Row 26: P across
 Row 27: Repeat row 25
 Row 28: P across
 Row 29: Repeat row 25
 Row 30: P across
 Row 31: Repeat row 25, cast-on 3 stitches
 Row 32: P across, cast-on 3 stitches
 Row 33: K across
 Row 34: P across
 Row 35: K across
 Row 36: P across
 Row 37: K across
 Row 38: P across
 Row 39: K across
 Row 40: P across
 Row 41: K across
 Row 42: P across
 Row 43: K across
 Row 44: P across
 Row 45: K across
 Row 46: P across
 Row 47: Decrease row = Knit 4, knit 2 stitches together, knit across until the last 6 stitches, ssk (= slip two stitches (as if to knit) one at a time; return these stitches to the left hand needle in their new orientation, then knit them together through the back loops), knit 4
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 Row 56: P across
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 Row 59: K across
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Skirt shaping:
 Row 61: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
 Row 62: P across
 Row 63: K across
 Row 64: P across
 Row 65: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
 Row 66: P across
 Row 67: K across
 Row 68: P across

Row 69: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 70: P across
Row 71: K across
Row 72: P across
Row 73: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
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Row 75: K across
Row 76: P across
Row 77: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
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Row 156: P across
Row 157: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4
Row 158: P across
Row 159: K across
Row 160: P across
Row 161: K across
Row 162: P across
Row 163: K across
Row 164: P across
Row 165: Increase row = Knit 4, M1R, knit across until the last 4 stitches, M1L, knit 4

Repeat the last 8 rows until the same length as for the front side. Now change to the 8mm circular needle, knit one row across, now finish with an i-cord edge (see Techniques).

Assembling front and back

With the tapestry needle and a scrap of yarn, attach the shoulder and the sides seams of the front and the back together. For the side seams I recommend using the mattress stitch which is worked as follows:

- Lay the two pieces of knitted fabric flat, with the right sides facing up and the edges to be seamed lined up next to each other.
- Thread your tapestry needle with the matching yarn, leaving a tail long enough to weave in later.
- Start at the bottom of the two pieces to be seamed and insert the needle under the first horizontal bar on the edge of the first piece of fabric, from back to front.
- Insert the needle under the corresponding horizontal bar on the second piece of fabric, from front to back.
- Repeat steps 3 and 4, working your way up the pieces to be seamed. Make sure to pull the yarn snugly after each stitch to create a neat seam.
- When you reach the top of the pieces to be seamed, weave in the yarn ends and trim the excess.

Sleeves

With the 9 mm circular needle pick up 72 stitches along the armhole opening, beginning in the middle of the stitches under the arm which is the beginning of the round. The stitches are corresponding to one stitch every row along the vertical line, and one stitch every stitch along the horizontal line under the arm. Now change to your 12 mm / 60 cm circular needle.

Work 58 rows in stockinette stitch in the round. Now change to the 8 mm / 60 circular needle. Knit one row across.

The next row is a decrease round: *knit 3 stitches together *, repeat from * to * until the end of the row.

The sleeve is finished with an i-cord edge (see Techniques).

Repeat for the other sleeve.

Neckline

With the 8 mm / 60 cm circular needle pick up +/- 110 stitches along the neckline. This is corresponding to 32 stitches along the sides and 23 stitches along the front and back. The neckline is finished with an i-cord edge (see Techniques).

Finishing

Weave in all ends, wash according to the washing instruction of the yarn and lay flat to dry.